

Texture Modified Nourishment Menu

Week 1

W1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM SNACK	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee
	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee
PM SNACK	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Peach Applesauce	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Vanilla Yogurt	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Lemon Pudding	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Applesauce	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee Ice Cream
	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Peach Applesauce	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Vanilla Yogurt	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Lemon Pudding	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Applesauce	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee Ice Cream
HS SNACK	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Salmon Salad Sandwich	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Peanut Butter & Jam Sandwich	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cream Cheese & Cinnamon	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Carrot Muffin & Cream Cheese	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese	<p style="text-align: center;"><u>Minced</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Fruit Yogurt
	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Peanut Butter & Jam	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cream Cheese & Cinnamon	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese	<p style="text-align: center;"><u>Pureed</u></p> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Vanilla Yogurt

*At each nourishment, Residents are offered juice, 1% milk, tea, or coffee

Texture Modified Nourishment Menu

Week 2

W2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM SNACK	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee
PM SNACK	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Peach Yogurt	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Vanilla Pudding	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee Ice Cream
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Peach Yogurt	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Vanilla Pudding	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Ice Cream
HS SNACK	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Egg Salad Sandwich	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Croissant & Cream Cheese	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Scone with Peanut Butter & Jelly	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Ham Salad Sandwich	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cream Cheese & Cinnamon	<u>Minced</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Fruit Yogurt
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Peanut Butter & Jelly	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cream Cheese & Cinnamon	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Vanilla Yogurt

*At each nourishment, Residents are offered juice, 1% milk, tea, or coffee

Texture Modified Nourishment Menu

Week 3

W3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM SNACK	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee
PM SNACK	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Applesauce	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Vanilla Yogurt	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee Ice Cream
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Applesauce	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Vanilla Yogurt	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Chocolate Pudding	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee Ice cream
HS SNACK	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Tuna Salad Sandwich	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Peanut Butter & Jam Sandwich	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Cake & Cream Cheese	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Bun & Cream Cheese	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Fruit Yogurt	<u>Mincd</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cinnamon & Cream Cheese
	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cinnamon & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Peanut Butter & Jam Sandwich Pureed	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Cake & Cream Cheese	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Vanilla Yogurt	<u>Pureed</u> Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cinnamon & Cream Cheese

*At each nourishment, Residents are offered juice, 1% milk, tea, or coffee

Texture Modified Nourishment Menu

Week 4

W4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
AM SNACK	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee</p>	<p style="text-align: center;"><u>Choice of Beverage</u></p> <p>Iced tea 2% Milk Tea/Coffee</p>
PM SNACK	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Vanilla Pudding</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Vanilla Pudding</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Peach Yogurt</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Ice Cream</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Applesauce</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Applesauce</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Strawberry Yogurt</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Butterscotch Pudding</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Blueberry Applesauce</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Ice Cream</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee Ice cream</p>	
HS SNACK	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Fruit Yogurt</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Vanilla Yogurt</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cinnamon & Cream Cheese</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Bread with Cinnamon & Cream Cheese</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Scone with Peanut Butter & Jam</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Whole Wheat Bread with Peanut Butter & Jam</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Apple Spice Loaf & Cream Cheese</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Egg Salad Sandwich</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Carrot Loaf & Cream Cheese</p>	<p style="text-align: center;"><u>Minced</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter</p> <p style="text-align: center;"><u>Pureed</u></p> <p>Assorted Juice 1% Milk Tea/Coffee/Hot Chocolate Pureed Banana Loaf & Peanut Butter</p>	

*At each nourishment, Residents are offered juice, 1% milk, tea, or coffee