


































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>***Please Note: All Programs/Activities are Subject to Change.</p>			<p>May is:</p> <ul style="list-style-type: none"> - Hypertension Month. - Vision Month. - Nurses Week: (May 10 to May 16th) 			<p>1</p> 
<p>2 Ukrainian Easter (Krystos Voskres)</p> 	<p>3</p> <p>9:30 National Geographic - Down</p> <p>10:30 Roll a Ball - Up</p> <p>1:30 Armchair Travel to Mexico - Up</p> 	<p>4 Bird Day</p> <p>9:30 Armchair Travel - Down</p> <p>10:15 Hand & Nail Care - Up</p> <p>1:00 Face Timing - Down</p> <p>2:30 Music with Robin on DVD - Down</p>   <p>Carl D.</p>	<p>5 Cinco de Mayo Day</p> <p>7:30 Hair Salon Open</p> <p>10:30 Morning Exercise followed by Roll a Ball - Up</p> <p>1:30 National Geographic - Up</p> <p>5:00 Mexican Fiesta Nite - Up</p>  	<p>6</p> <p>7:30 Hair Salon Open</p> <p>9:30 Hand & Nail Care - Down</p> <p>12:45 Bingo - Up</p> <p>1:30 Face Timing - Up</p> <p>2:00 Pastor Kevin Visits - Up</p> <p>2:30 Church with Robin on DVD - Down</p>	<p>7 National Day of Prayer</p> <p>9:30 Tribute to Mom's - Down</p> <p>10:30 Chair Dancing - Up</p> <p>2:15 Ladies Strawberry Tea - Up & Down</p>  <p>"Mother's Day Gift Basket Draw"</p>	<p>8</p>  <p>Mavis D. & Erica D.</p>
<p>9 Mother's Day</p> 	<p>10</p> <p>9:30 Gentle Chair Yoga - Down</p> <p>10:30 Morning Stretch followed by Roll a Ball - Up</p> <p>1:00 Face Timing - Down</p>  	<p>11</p> <p>9:30 A Tribute to Our Nurses - Down</p> <p>10:15 Autobiography - Up</p> <p>2:30 Music with Robin on DVD - Down</p>	<p>12 Florence Nightgale's Birthday</p> <p>7:30 Hair Salon Open</p> <p>9:30 Autobiography - Down</p> <p>10:30 Roll a Ball - Up</p> <p>1:30 Ladies Drive in the Country - Down (2 trips)</p>	<p>13</p> <p>7:30 Hair Salon Open</p> <p>9:30 Lawn Darts - Down</p> <p>12:45 Card Bingo - Up</p> <p>1:30 Face Timing - Up</p> <p>2:30 Church with Robin on DVD - Down</p> 	<p>14</p> <p>9:30 Current Events - Down</p> <p>10:30 Pick a Topic - Up</p> <p>1:30 Ladies Drive in the Country - Up (2 trips)</p> 	<p>15</p> 
<p>16</p> 	<p>17</p> <p>9:30 Morning Movie - Down</p> <p>1:30 Afternoon Matinee - Up</p> 	<p>18</p> <p>9:30 Hand & Nail Care - Down</p> <p>10:15 Hand & Nail Care - Up</p> <p>1:00 Face Timing - Down</p> <p>2:30 Music with Robin on DVD - Down</p>   <p>Catherine K.</p>	<p>19</p> <p>7:30 Hair Salon Open</p> <p>10:30 Morning Exercise followed by Roll a Ball - Up</p> <p>1:30 Mocktail Social - Up & Down</p> <p>5:00 Mexican Fiesta Nite - Down (in the Rec Room)</p> 	<p>20</p> <p>7:30 Hair Salon Open</p> <p>9:30 Chair Dancing - Down</p> <p>12:45 Bingo - Up</p> <p>1:30 Face Timing - Up</p> <p>2:30 Church with Robin on DVD - Down</p>	<p>21</p> <p>9:30 Bean Bag Toss - Down</p> <p>10:30 Gentle Chair Yoga - Up</p> <p>2:00 Pastor Kevin Visits - Up and Down</p>	<p>22</p> 
<p>23</p> 	<p>24 Victoria Day Stat</p>  <p>No Activities Today</p>	<p>25 National Wine Day</p> <p>9:30 Ring Toss - Down</p> <p>1:00 Face Timing - Down</p> <p>2:30 Music with Robin on DVD - Down</p>  	<p>26</p> <p>7:30 Hair Salon Open</p> <p>9:30 A Walk Outside - Down (Weather Permitting)</p> <p>10:30 Roll a Ball - Up</p> <p>1:30 Family Feud - Up</p> 	<p>27</p> <p>7:30 Hair Salon Open</p> <p>9:30 What Am I? - Down</p> <p>12:45 Card Bingo - Up</p> <p>1:30 Face Timing - Up</p> <p>2:00 Pastor Kevin Visits - Up</p> <p>2:30 Church with Robin on DVD - Down</p>	<p>28 National Hamburger Day</p> <p>9:30 Current Events - Down</p> <p>10:30 Chair Zumba - Up</p> <p>2:00 Outside Entertainment: featuring - "Shirley & Norman Rice"</p> 	<p>29</p>  <p>Yvonne D. - Happy 100th Birthday</p>
<p>30</p>	<p>31</p> <p>9:30 Darts - Down</p> <p>10:30 Morning Exercise followed by Roll a Ball - Up</p> <p>1:30 Pick a Topic - Up</p>	<p>***Please Note: A Maximum of 15 Residents per Activity - Abiding by Social Distancing Guidelines.</p>				



April Showers Bring May Flowers

“God writes the gospel not in the Bible alone, but on trees and flowers and clouds and stars.” *Martin Luther*

Remember the old saying April showers bring May flowers. I would suggest that it be re-written for our province. Possibly like April showers (or snow in Alberta) may bring May flowers. Of course, we all know that the weather in Alberta is unpredictable and can change instantly.

However, as I think about spring coming, I think about the crocuses and tulips coming up through the soil. These true signs of spring remind us of God’s care for us. I am amazed that even from the harshness of the winter freeze, as the weather warms, new life pushes through the ground.

I encourage you over the next while take time to see and hear the signs of spring, the flowers, the trees budding, the birds singing. As you enjoy these sights and sounds be reminded that God is faithful. Be reminded that as God provides and sustains his creation we are included in that, He cares for us. In fact, God cares for you as much and more than the flowers in the field and the birds in the trees.

“Look at the lilies and how they grow. They don’t work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?”
 Luke 12:27-28



Blessings,
Pastor Kevin Schwartz

His Eye is On The Sparrow by Civilla Martin

Why should I feel discouraged, why should the shadows come,
 Why should my heart be lonely, and long for heav’n and home,
 When Jesus is my portion? My constant Friend is He:
 His eye is on the sparrow, and I know He watches me;
 His eye is on the sparrow, and I know He watches me.

Refrain:
 I sing because I’m happy, I sing because I’m free,
 For His eye is on the sparrow, and I know He watches me.



A Mother's Day Prayer

Lord, today, we pray for mothers everywhere.

Bless moms who are expecting a baby. Calm their fears and keep their new little life safe.

Bless mothers who have babies and toddlers and are in a busy season of bottles, sippy cups, and endless laundry. Give strength to moms of little ones. They need it, Lord.

Bless mothers who have busy school-aged children. Gift them with an extra measure of wisdom to answer questions, model maturity, and mold young hearts.

Bless mothers who parent teens. Allow them the grace to let go when needed and the courage to provide firm boundaries when required.

Bless mothers of adult children that they would savor the joy of friendship with their child.

Bless single mothers with the strength to fulfill many roles. Provide them with supportive people in their lives.

Bless moms who are married that they would care for their children by making their husbands a priority.

Bless grandmothers who have the double blessing of being both mother and grandmother. May they spoil their grandkids with abandon.

We pray peace for mothers who have lost a child and for women who are grieving because of infertility.

Give us eyes to see women around us who struggle to mother well. Help us be the hands and feet of Jesus to them.

Thank you for our mothers. They gave us life and for that gift we are forever grateful.

We pray for mothers everywhere.
 In Jesus' name, Amen.



Enter to Win!!

A Mother's Day Gift Basket

Displayed in the Rec Room.

A \$1.00 per Entry

Please see Iris or the Front Desk for Entries...

Draw Date: Friday, May 7th

All proceeds go to the Residents Association

