



Crossroads March 2020












Mon

Tue

Note Calendar may be subject to change.

Wed

Thu

<p>2</p> <p><i>~1st—Happy Birthday John B!~</i> </p> <p>Move to Music TED Talks Word Find/Sudoku Beanbag Game</p>	<p>3</p> <p>Light N' Lively Whiteboard Games Short Film Beanbag Game</p>	<p>4</p> <p> Strength & Stretch Giant Crossword Current Events Roll-o-Trump</p>	<p>5</p> <p>Sit N' Dance Superquiz Crossroads Band Lukes</p>
<p>9</p> <p>Sit N' Dance St. Pat's Craft Wellness Topic Score 21</p> <p></p>	<p>10</p> <p>Move to Music Reminiscing My Big Story Washers</p>	<p>11</p> <p>Chair Yoga Catch Phrase & Trivia Hand Chimes Lukes</p>	<p>12</p> <p><i>~Happy Birthday Cindy!~</i> </p> <p>Light N' Lively Baking Sensory Cards Balloon Badminton</p>
<p>16</p> <p>Light N' Lively National Giant Panda Day Word Power Washers</p> <p></p>	<p>17</p> <p>Sit N' Dance Irish Explorations St. Patrick's Day Prairie Schooner Roll-o-Trump</p> <p></p>	<p>18</p> <p>Sit N' Dance Music Bingo Activity Council Meeting Beanbag Game</p> <p></p>	<p>19</p> <p>Move to Music Reminiscing about Spring Spring Equinox Relaxing Journey Beanbag Game</p>
<p>23</p> <p>Move to Music Stories & Poems Sing Along Roll-o-Trump</p>	<p>24</p> <p>Light N' Lively Word Games & Trivia Prairie Schooner Lukes</p>	<p>25</p> <p>Movie Name That Sound Score 21</p>	<p>26</p> <p>Sit N' Dance Bingo Music with Ray Washers</p> <p></p>
<p>30</p> <p><i>~Happy Birthday Judy!~</i> </p> <p>Strength & Stretch Devotions Board Games Beanbag Game</p>	<p>31</p> <p>Move to Music Devotions Chicken Soup for the Soul Beanbag Game</p>	<p>Questions or Concerns?</p> <p>Call Tena Lansing ~ Manager 780-679-3046 Monday—Friday ~ 8:00am—4:15pm</p>	<p><u>Caregiver's Support Group</u> Third Thursday of the month 1:30pm-3:00pm Rosehaven Heritage Building ~ 4612—53 Street 2nd Floor Multipurpose Room Call 1-403-342-0448 ext. 1 for info</p>



Crossroads Menu March 2020



Mon

Tue

Wed

Thu

<p>2 (Week 4) Cream of Mushroom Soup Chicken Burger Caesar Salad Diced Pears Alt—Pastrami Sandwich</p>	<p>3 Tomato Juice Sausage Pancakes Berries & Whipped Topping Ice Cream Alt—Roast beef Sandwich & Salad</p>	<p>4 Corn Chowder Sliced Ham Hashbrown Casserole Honey Herb & Spinach Salad Diced Peaches Alt—Turkey Sandwich</p>	<p>5 Garden Vegetable Soup Creamy Vegetable Lasagna Garlic Toast Caesar Salad Fresh Fruit Alt—Ham Sandwich</p>
<p>9 (Week 1) Tomato Juice Vegetable Beef Stew Dinner Bun Mixed Vegetables Jello Alt—Tuna Salad Sandwich & Salad</p>	<p>10 Sauerkraut Soup Hot Dog Baked Beans Caesar Salad Ice Cream Alt—Turkey & Cranberry Sandwich</p>	<p>11 Garden Vegetable Soup Beef & Macaroni Casserole Tossed Salad Diced Peaches Alt—Egg Salad Sandwich</p>	<p>12 Tomato Juice French Toast & Syrup Bacon Berries Cookie Alt—Pastrami Sandwich & Salad</p>
<p>16 (Week 2) Cream of Mushroom Soup Hot Beef Sandwich with Gravy Mixed Vegetables Diced Peaches Alt—Egg Salad Sandwich & Coleslaw</p>	<p>17 Harvest Vegetable Soup Chicken Parmesan Buttered Rotini Spinach Salad Ice Cream</p>	<p>18 Cream of Broccoli Soup Beef Chili Cornmeal Muffin Tossed Salad Apple Slices Alt—Ham Sandwich</p>	<p>19 Baked Bean Soup Pork & Vegetable Stew Dinner Bun Turnips Fresh Fruit Alt—Pastrami Sandwich & Salad</p>
<p>23 (Week 3) Italian Tomato Soup French Onion Chicken Garlic Bread Caesar Salad Peaches Alt—Egg Salad Sandwich</p>	<p>24 Chicken Noodle Soup Italian Parmesan Meatloaf Potato Wedges Carrots Ice Cream</p>	<p>25 Turkey & Rice Soup Sausage with Sauteed Peppers & Onions Savoury Diced Potatoes Parslied Cauliflower Apple Slices Alt—Turkey Sandwich w/ Caesar Salad</p>	<p>26 Cream of Broccoli Soup Chicken Fingers w/ Plum Sauce Tater Tots Mixed Vegetables Fresh Fruit</p>
<p>30 (Week 4) Cream of Mushroom Soup Chicken Burger Caesar Salad Diced Pears Alt—Pastrami Sandwich</p>	<p>31 Tomato Juice Sausage Pancakes Berries & Whipped Topping Ice Cream</p>	<p><i>For Your Information</i> Crossroads Main Extension—780-679-3045 Tena Lansing—Manager—780-679-3046 Camrose Home Care—780-679-2900 Healthlink—Dial 811 Alberta Health & Wellness (Health Service Standards) 780-427-7164 OR www.continuingcare.gov.ab.ca</p>	<p><i>Going to be ABSENT?</i> Please call 780-679-3045 to notify staff. Remember, call before NOON the day before (or for Monday, by noon on Thursday) or there will be a meal charge. Thank you.</p>