

1-123 Seroquel oral dose

TIPS Question:

What is the maximum dose per day of Seroquel recommended for the elderly? This medication is usually prescribed BID. Would it be beneficial to have it prescribed TID considering the elimination of half-life of 6-7 hours.

Response:

Seroquel: As you are aware, Seroquel is one of the so-called newer atypicals. Experience with this medication in clinical practice is in comparison to the traditional and other atypicals, early and ongoing and definitive norms in terms of dosage range are still being established.

In recent clinical studies however, average doses have been in the order of 125-150 mg. However a wide range is often used, reflecting the individuality of older persons. Sometimes doses up to 400 to 500 mgm, if tolerated, can be used.

The adage start low, go slow and monitor closely for benefits and side effects” using your behavioural instruments, your DOS, your Cohen Mansfield, the 7 clinical parameters, are going to be critical in regards to helping us as a field as well as for individual purposes to find the appropriate doses for each patient.

At present, a bid dosage is my usual practice.

As you recall, you can remember side effects of the atypicals by remembering the acronym DASH – watch for **D**izziness, **A**kathesia, **S**omnolence and **H**ypotension.

Please note: TIPS information should be used similar to the way you would use information from a text book! TIPS is not intended to serve as an individual consultation service! P.I.E.C.E.S. participants should use this information in context and always work closely with the family physician involved in the care of the resident or client and with other Partners In Care to find solutions to individual resident/client issues.